Church of St. John the Baptist, Knock

St. Anne's Church. Shanvaghera

NEWSLETTER 22ND MARCH, 2020. Fourth Sunday of Lent.

Fr Richard Gibbons PP Parish tel: 094 9388100

Dear Parishioners and Pilgrims,

These are some prayers that have been prepared by our Archdiocese to help you through this time of uncertainty and fear and I pray that we will all get through this together.

We invite you to join us online for our **National Novena at 12 noon and 7.30pm (with Rosary at 7.00pm).** Simply select the **'Watch Live'** button on our website www.knockshrine.ie.

In these worrying and challenging times, you may also place your petitions and light a candle via our website. This candle will be lit at the Shrine for you and your petition will be placed in front of the Altar. This candle will be lit at the Shrine for you and your petition will be placed in front of the Altar.

Mass cards can be requested on our website or by phoning the **Shrine office at 094 93 88100.** We will post your Mass card requests to your chosen recipient anywhere in the world.

Knock Book Shop has a wide range of books and prayer resources available on our online shop. See www.knockshrine.ie for details.

Keep well and let's support each other.

Fr. Richard.

Prayer to Our Lady Health of the Sick

O Mary, you shine continuously along our journey as a sign of salvation and hope.

We entrust ourselves to you, Health of the Sick, who at the Cross were near to the pain of Jesus, keeping your faith firm.

Help us, Mother of Divine Love, to conform ourselves to the will of the Father and to do what Jesus tells us, He who took our sufferings upon Himself, and took up our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen.

We seek refuge under your protection, O Holy Mother of God. Do not despise our pleas – we who are put to the test – and deliver us from every danger, O glorious and blessed Virgin.

Pope Francis

Act of Spiritual Communion

My Jesus,

I believe that you are present in the Most Holy Sacrament.

I love you above all things, and I desire to receive you into my soul.

Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart.

I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you.

St. Alphonsus de Liquori

Knock Shrine Prayer during Covid-19 Pandemic

Lord, in 1879 the Apparition in Knock gave comfort and hope to your people in a time of distress and worry. In the presence of Our Lady, St Joseph, St John the Evangelist and the Lamb of God you showed us that we are neither alone nor abandoned in times of great need, personally and as a people.

We ask you Lord, to walk with us again as we face the Coronavirus. Help our medical personnel to bring the virus to a swift end and bless them in their work. We ask healing and recovery to be given to all who are suffering from the virus and their families.

May all of us, Lord, be strengthened by the spiritual support of the Christian community at this time through prayer, fasting and concern for one another. May we never abandon hope in the face of adversity and trust in your love for us. Amen

Our Lady of Knock, pray for us.

St Joseph, pray for us.

St John the Evangelist, pray for us.

Adapted by Fr. Richard Gibbons

Beannú Tí agus Teaghlach

Go mBeannaí Dia an teach seo óna bhun go dtí a bharr, go mbeannaí sé gach fardoras, gach cloch is gach clár, go mbeannaí sé an teaghlach, an bord ara leagtar bia, go mbeannaí sé gach seomra i gcomhair sámh chodladh na hoíche. Go mbeannaí sé an doras a osclóimid go fial don stráinséir is don bhoctan chomh maith is dár ngaol, go mbeannaí sé na fuineeoga a ligeann dúinn an leas ó sholas geal na gréine, na gealaí is na réalt, Go mbeannaí sé na frathacha in airde os ár gcionn is fós gach balla daingean atá inár dtimpeallú inniu. Go bhfana síocháin dá réir sin don ár gcomharsan, cion is grá. Go mbeannaí Dia an mhuirear seo agam agus a choimead ó bhaol. Is go stiúra sé sinn uile go dtí a ribhrú féin. Amen.

May God bless this house from top to bottom, May He bless each lintel, each stone and beam of wood, May He bless the household and the table on which we place food. May He bless each bedroom in which we seek a peaceful sleep, May He bless the door we open generously to the stranger and the meek as well as to our relatives and friends. May He bless the windows through which come the bright beams, of sunlight, moon and stars. May He bless the rafters above our head and each strong wall surrounding us, May peace love and affection dwell herein and flow towards our neighbours. May God bless this gathering and keep us from danger, And May He guide us all together to his Heavenly sanctuary. Amen.

Traditional Irish Collected by An t-Ath Diarmuid Ó Laoghaire SJ Translated by Pádraigín Clancy

Prayers for the Deceased

Please pray for the repose of the souls of

John Joe Fleming, Cloonterriff and

Michael O'Malley, Manchester

and formerly of Cloonlavish who died during the week.

Extract from Saint Patrick's Breastplate

Christ with me

Christ before me,

Christ behind me,

Christ in me, Christ beneath me,

Christ above me.

Christ on my right,

Christ on my left,

Christ when I lie down,

Christ when I sit down,

Christ when I arise,

Christ in the heart of everyone who thinks of me,

Christ in the mouth of everyone who speaks of me,

Christ in every eye that sees me,

Christ in every ear that hears me.

Knock Area Community Volunteer Service

Knock Community Futures have coordinated at team of **40 local volunteers** to assist the elderly and vulnerable in our community who are in self-isolation or are unable or fearful of leaving their homes during the coronavirus, should the need arise.

Volunteers will assist the local Shops and Pharmacy in delivering emergency supplies (such as shopping, perscriptions, fuel, etc.) to people's homes. Orders placed with Burke's or Heneghan's Shop, or Knock Pharmacy between 10am and 4pm will be delivered the same day. To place your order, contact

Pharmacy, Shops / Meals on Wheels:

Knock Pharmacy (094) 937 6968;
Heneghan's Costcutter (094) 9388209;
Burke's Shop (094) 9376773;
Brickens Meals on Wheels can deliver a hot dinner to your home, phone (094) 9380910.

The volunteer service is coordinated by

 Joe Neylon
 086 2938216;

 Sinead Mallee
 087 2204296;

 Raymond Heneghan
 087 2252478;

 Brian Murphy
 087 6418714.

Call us if you require assistance or further information.
Our Community Garda, Bernadette Breslin, will also
be available on 087 0931230.