

THE CHRISTLIFE PROGRAMME

continues on Thursdays at 8pm in the conference room at Knock House Hotel on the following dates: 18th, 25th January, and 15th February 2024. Refreshments are provided including a food selection, tea, and coffee. There is no charge. This course can be joined at any time and focuses on how to share the Catholic Faith with people.

TRANQUILLA

Morning Mass at 8.00am. Masses are open to the Public.
Chapel open from 2.00pm - 5.00pm daily.
Vespers at 4.30pm.

LEGION OF MARY KNOCK PRAESIDIUM

weekly meeting on Thursdays at 10.45am in St. John's Welcome Centre. New members welcome.

DIVINE ENCOUNTER BIBLE STUDY GROUP

every Friday from 6pm-7pm at The Alexian Brothers, Community Centre, Churchfield.

For further information please contact: 0863401038.

KNOCK 25 CARD GAME

continues at 9.00pm in St. John's Welcome Centre
All Welcome. Enquiries to 086 0500342.

MEETING OF ALL SISTERS

living in Knock will take place in St. John's Welcome Centre on Wednesday, January 17th at 4.30pm.
All Sisters are welcome.

FEAST DAYS

Saturday 13 January:	St. Hilary.
Monday 15 January:	St. Ita.
Tuesday 16 January	St Fursa.
Wednesday 17 January:	St. Anthony.
Thursday 18 January:	Week of Prayer for Christian Unity.
Saturday 20 January:	St. Fabian. St. Sebastian.
Sunday 21 January:	Catholic Schools Week. Sunday of the Word of God.

IS ANGER HURTING YOU OR YOUR FAMILY?

Knock Counselling Service is running a 5-evening Online Anger Management programme, starting on Monday 12th February 2024, 7pm - 9pm. Contact Peter Devers at 094 93 75032 or log onto www.knockshrine.ie/counselling

MALTA PILGRIMAGE 2024

'In the Footsteps of St Paul' Pilgrimage to Malta; from Tuam Archdiocese; 7 nights; June, 26th to July, 3rd; ex Dublin; with a Spiritual Director. Contact 01 2410800 for details and bookings.

CHRONIC PAIN RELIEF CLASSES

Start the New Year on a good note!. Clinical Somatics uses slow gentle exercises to relieve pain, reduce stress & improve your posture & movement. A 6 weeks Introductory Course starts at 7pm on Tuesday 16th January in the Claremorris Family Resource Centre (F12 XN28). 60 euro for the 6 weeks. Please contact John Roe on 0877495573 or FRC Claremorris on 094 9377838.

LIVING WELL

is a free HSE programme which helps people living with a long-term health condition to manage their condition and improve their overall wellbeing. Anyone with any chronic illness such as diabetes, arthritis, COPD, cardiac illness, anxiety, etc. can benefit from these workshops. The next programme is in Kilkelly it commences on Wednesday 28th of February in Kilkelly. The programme is delivered over six weekly workshops (2.5 hrs x 6) by trained leaders. Advance registration is required. To find out more, please contact Liam Gildea on 086 014 2675 or by email at lgildea@southmayo.com

LECTIO DIVINA

a slow contemplative praying of the Scriptures will resume on Tuesday 16 January at 7.00pm in Carrowmore Meadows at 7.00pm

IRISH FOR BEGINNERS

Irish classes for beginners will resume on Tuesday 23rd January from 7.00 - 8.00pm. in the Community Hall, Ballyhaunis. A friendly interactive weekly gathering organised by the Language Café - classes will run for 6 weeks, cost €30 payable on the first night. Contact ballyhauniscommunitycouncil@gmail.com or phone 087-9777899.

OPEN EVENING

There will be an Open Evening in Barnacarroil National School on Wednesday the 24th of January from 6-7pm. All are welcome. Bring your son or daughter, meet the teachers, view our school and resources. The breakfast club and after school facilities in the Community Complex will be available to view on the evening.

EWTN

will broadcast the 12noon Mass every Sunday.

PILGRIMAGE LIST FOR 2024

is now available to download on the Knock Shrine Website on www.knockshrine.ie. The 2024 Pilgrimages will commence with Divine Mercy Sunday on April 7th.

KNOCK MUSEUM

re-opens on Sunday 14 January from 10.00am - 5.00pm. Admission free.

PRAYERS FOR THE DECEASED

Please pray for the repose of the soul of P. J. Rattigan, Scardaune, Claremorris and formerly of Liscat who died during the week. Brother of Joe, Michael and John Rattigan.



St. Anne's Church, Shanvaghera & Church of St. John the Baptist, Knock

Newsletter Sunday 14 January 2024. 2nd Sunday Year B

Fr Richard Gibbons, P.P. tel: 094 93 88100

KNOCK:

MASS INTENTIONS FOR THE WEEK

Saturday 13 January:	12noon	Delia Kneafsey, Coogue. Month's Mind.
Sunday 14 January:	12noon	Mary Grimes (nee Lee) Liscat. 1st Anniv.
Monday 15 January:	12noon	Michael Nagle.
	7.30pm	Michael and Bridget Nally. Anniv. and their great grandson Jason Killeen, Cullatinny.
Tuesday 16 January:	12noon	Paul McHugh. Anniv. and parents Michael and Teresa, Ruane.
	7.30pm	Catherine and James Hyland, Ruane. Anniv.
Wednesday 17 January:	7.30pm	John and Rose Kelly, Drum.
Thursday 18 January:	12noon	Christy and Una Carroll and deceased members of the Carroll and McDermott Families.
	7.30pm	Nora Mallee, Carramore. Anniv.
Saturday 20 January:	12noon	Thomas Jennings, Rookfield. Anniv.
	7.30pm	John Loftus, Carramore Meadows and sister Ann Murray. First Anniversaries.
Sunday 21 January:	10.30am	Sr. Mona Lally, St. Louis Sister.
	12noon	Tom Cunnane, Esker. Month's Mind.

SHANVAGHERA:

Sunday 14 January:	10.00am	Nonie and Paddy Joyce. Anniv. and their granddaughter, Karen Campbell.
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WINTER PROGRAMME

Monday – Saturday:

Parish Church: 9.00am, 12noon, 3.00pm & 7.30pm (Rosary at 7.00pm)

Sunday:

Parish Church: 9.00am, 10.30am **Basilica:** 12noon and 3.00pm.

Shanvaghera: Sundays: Mass at 10.00am

Exposition (Daily):

Chapel of Reconciliation. 11.00am - 4.00pm. **Apparition Chapel:** 7.00pm – 9.00pm.

Confessions (Daily): 10.30am - 4.00pm