



**Resting in the arms of God**  
***Advent with Deirdre Ní Chinneide***

***18–21 December 2026***

**3 Nights • Single Occupancy • Full Board Basis • €420 per person**

During this retreat Deirdre will take us on a journey to the well of our own hearts and through music, scripture, reflection and prayer, rest assured of the gift of new birth and hope in our lives.

In the silence of Advent, we make room once more for hope, longing, and the quiet coming of Christ.

The retreat concludes with attending Knock Shrine's wonderful Carols by Candlelight on the 20th of December.

Deirdre Ni Chinneide, is a former school principal of Gaelscoil Chluain Dolcáin . Trained also as a psychotherapist/ spiritual director and workshop facilitator, Deirdre has worked all over Ireland, the U.S.A, Australia and Europe including Bosnia and Kosovo. She divides her time between the Aran Islands and the mainland offering retreats, workshops and performances of Spiritual Music.

She has composed two highly acclaimed CDs of Spiritual Music: Celtic Passage and I will Sing for you – songs to soothe the soul. Deirdre published a book with her sister Mary Kennedy "Journey to the Well Connecting to Celtic Ways and Wisdom (Hachette Publications )

She is trained in Ignatian Spirituality and is a guest director at St. Beunos Spirituality Centre in Wales.

*Optional extra night (17 December): €50*



**The Retreat Village at Knock Shrine**

Email : [retreatvillage@knockshrine.ie](mailto:retreatvillage@knockshrine.ie) Telephone (086) 0108623